

Joyful by nature

Time for wellness

Treat yourself to a very special wellness session in our treatment area in our Ochtrup store and discover the variety and high quality of our products up close in an individual treatment session. For all offers, only our natural Kneipp and Cattier products are used and tailored to your needs. Our professional beauticians will ensure that you feel completely at ease with a relaxing massage, a soothing cosmetic treatment and much more and take a little break from everyday life.

Book your appointment online www.kneipp.com/de_de/stores or by phone +49 (0)2553 727 54 90.



Kneipp Facial Treatment

After a relaxing foot bath with fresh herbs, you will be pampered with a individually tailored facial treatment including a traditional Kneipp compress, finishing off with a gemstone and neck massage.

> 60 Minutes € 60,00

Mindful Skin

The Mindful Skin products, individually tailored to your skin type, have a deep cleansing effect and provide moisture or elasticity as needed.

45 Minutes € 45,00

Detox

Through our clarifying detox treatment, the body's own metabolic processes are stimulated and supported. A facial treatment with a gemstone massage and warm compresses on the hands and forearms as well as our detox tea support this effect.

> 60 Minutes € 60,00

Indulgent almond blossom

We pamper you with our products from the Almond Blossom Tender Skin series for dry and sensitive skin: In addition to the professional facial treatment, a hand and forearm massage with gemtones awaits you.

> 90 Minutes € 90,00





Anti-Aging

Holistic and intensive / rich care for your skin with our products from Kneipp and Cattier: The treatment with our cold / warm compresses helps the body with cell renewal and is rounded off by a foot bath as well as a neck and forearm massage.

90 Minutes € 95,00

Cattier Paris

In this treatment we only use organic certified natural cosmetics from Cattier Paris. The healing clay contained in it harmonizes your skin metabolism and ensures a radiant complexion.

> 90 Minutes € 90,00

Hands & feet

Kneipp Pedicure

Enjoy a comprehensive pedicure with a soothing foot bath and subsequent massage: our Kneipp foot butter nourishes your feet and moisturizes.

45 Minutes € 30,00

Express Hand Care

Give your hands a little time out and the care they deserve.

20 Minutes € 15,00

Kneipp Manicure

Give your hands an extensive time-out and the care they deserve.

40 Minutes € 30,00

Wellness for Hands and Feet

Treat your hands and feet to a pampering wellness package consisting of a soothing foot bath with herbs, our absorbent oil scrub for the hands, soothing compresses on the hands and feet as well as a massage with oil and gemstones.

60 Minutes

€ 45,00

Massages

Back Massage

Treat yourself to a short break and enjoy a soothing back massage with one of our high-quality massage oils of your choice. During the wind down, the application of a traditional hay sack supports your relaxation.

> 45 Minutes € 45,00

Clear Mind

Pure relaxation with a back massage with a highquality oil of your choice. Our soothing head massage completes your treatment perfectly. During the wind down, the application of a traditional hay sack supports your relaxation.

> 60 Minutes € 60,00

Revitalizing with Arnica

Enjoy a regenerating back massage with the beneficial effect of the arnica plant. Your revitalization is promoted while at the same time tensions and cramps are prevented. During the wind down, the application of a traditional hay sack supports your relaxation.

> 60 Minutes € 60,00

Herbal Stamp Massage

The oil and the power of the herbs combine in a unique way during the massage. This promotes blood circulation, stimulates metabolism and activates the body's self-healing powers. During the wind down, the application of a traditional hay sack supports your relaxation.

> 60 Minutes € 65,00

Kneipp Full Body Massage

Spoil yourself and enjoy a traditional Kneipp treatment. Cold / warm compresses and a soothing lower leg cast make this treatment a unique Kneipp experience. During the wind down, the application of a traditional hay sack supports your relaxation.

> 75 Minutes € 85,00

Express Neck Massage

A soothing neck massage with an energizing stretching session: After these 20 minutes, you can start the day or evening fresh and relaxed.

20 Minutes € 25,00